## **Welcome and First Day Suggestions**

Welcome to Li'l Peeps Preschool!

We are looking forward to getting to know your child and providing exciting educational experiences for them.

As you begin to prepare your child for school, there are helpful things you can do in the next few weeks. Your cheerful supportive attitude and actions will help your child anticipate going to school with eagerness. Here are some suggestions to help prepare for this transition:

- Talk about school as a happy place that has special games, books, and toys.
- Explain that your child will be making new friends, having fun, and playing and learning with children their own age.
- Don't express your uncertainties to relatives and friends in front of your child. These comments send the message that *you* are uncertain about preschool; your child will respond by being worried too.
- Listen to your child's comments. If your child expresses fear about school, avoid brushing off the comment. A positive, understanding response would be, "I know you are wondering about all the new things that will happen at school. We are all a little fearful of new places sometimes." Explain that your child will become familiar with the daily schedule and will also become more comfortable.
- Plan to go shopping and pick out a new backpack or new clothing especially for school. Say things like, "Big boys and girls like you go to school, while little brother or sister has to stay home." Comments and activities like these will help your child realize how important school is and that it will be a new, fun adventure.